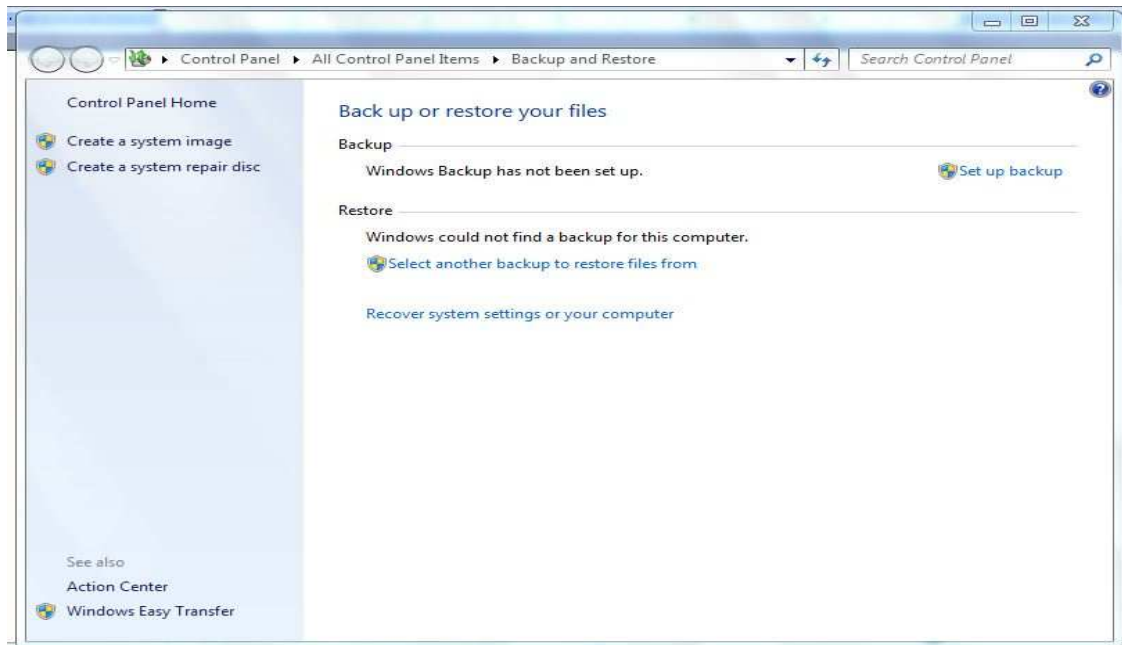


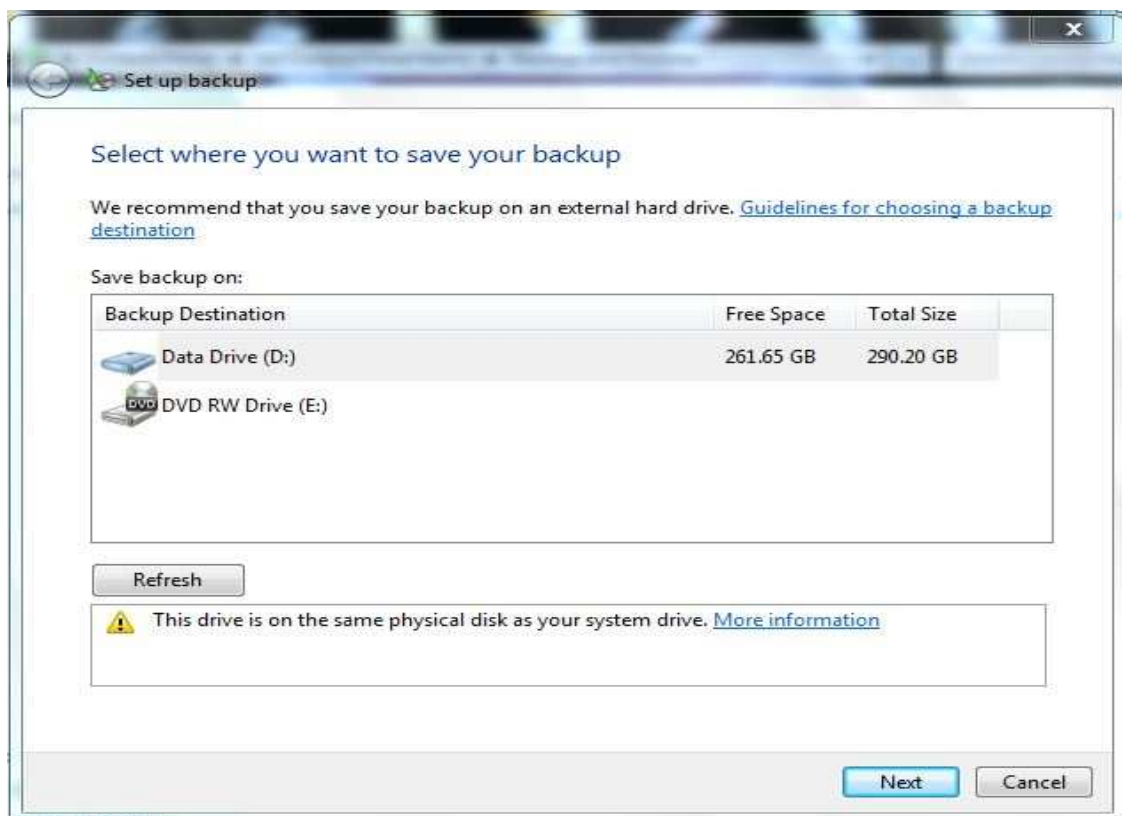
Setting Automatic Back Up in Windows 7

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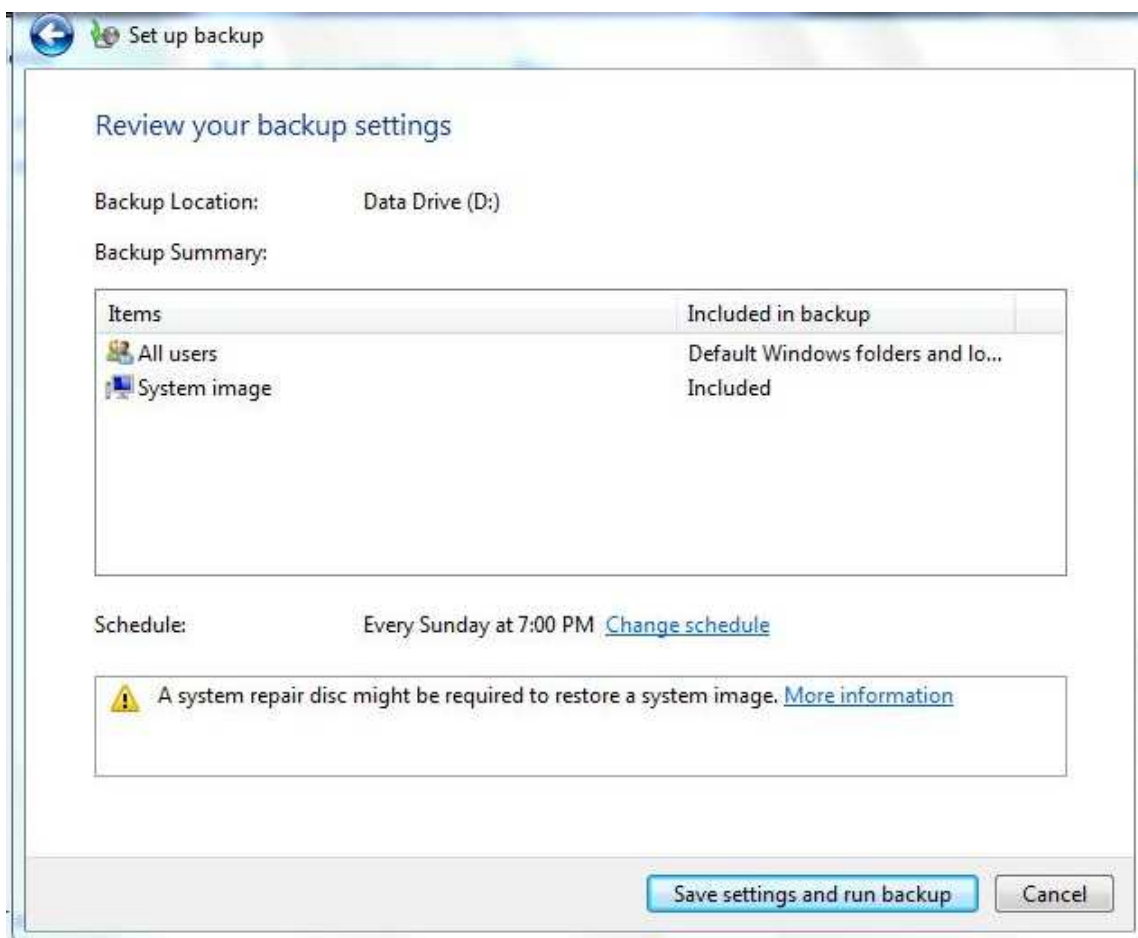
Click on Backup & Restore on your Desktop. If it is not there on your desktop then you will have to click on Start => All Programs => Maintenance and you will find it there. That will open a window like below.



Now Click on Set up backup on Top Right Column. Which will open a box as below.



Now as Shown, select Data Drive D: or Any Other Connected External Drive which shows up here and continue Next. By default, Let Windows Choose would be selected so click Next which will present a screen as on next page.



Now Review your Back up settings about the users selected etc.

By default it is setup to run automatically Every Sunday at 7:00 pm which you can change according to your needs and then click on Save Settings and run backup.

Typically this would take about an hour or more depending on the size of your Drive C: for the first time and less for incremental backups then on.

We highly recommend that all users should set up this which helps in recovering their system from any kind of Virus or Malware attacks without much problems. It also backs up your important data so if your computer crashes and you want to restore your data on to a new computer, it comes in handy.